

Join our Navigation Team as a Dedicated Support Companion!

Role: Mental Health Focused - Support Companion

Company: New Phase Navigation

Phone: 720-734-8946

Location: Denver, CO / Remote

Hours: 8-10 hrs/ week (flexible schedule)

Pay: \$28-\$33/hour

About New Phase Navigation

New Phase Navigation, L.L.C is a case management company started in 2023, that is dedicated to providing comprehensive multi-systemic care for adults undergoing health transitions, whether physical, mental, or both. We have created a model that allows for personalized case management to reach our clients —every individual is carefully matched with a dedicated case manager, and if appropriate, a Support Companion. The relationship between our team and our clients is tailored to meet the diverse needs of our clients, regardless of their care setting. We specialize in assisting adults and families in transitioning to different levels of care, managing complex care coordination, applying for benefits, and providing in-home support, ensuring they can access the services they need to thrive in their current phase of life while feeling well-prepared for the next.

Overview of the Role

At New Phase Navigation, we believe that mind, care, and community are all equally important in navigating changes in our lives. As a **Mental Health-Focused Support Companion**, you are an essential member of the Navigation Team, providing direct companionship to individuals facing mental health-related challenges. Your role is grounded in empathy, creativity, and therapeutic presence—not as a formal clinician, but as someone trained to support clients in implementing coping strategies and tackling executive dysfunction.

This role takes place both **in clients' homes and in the community** (e.g. coffee shops, libraries, parks, etc...), based on client preference and goals. You'll also assist clients in developing **adaptive tools** like charts, reminder boards, visual schedules, or customized planning systems to support independence and structure.

Clients you support may experience anxiety, depression, personality-disorders, trauma-related symptoms, or neurodivergence that makes completing daily tasks difficult. You are there to help bridge the gap between intention and action—while creating space for growth, healing, and autonomy.

Job Description and Responsibilities:

- Complete a home assessment of current living situation, including layout of home, accessibility
- Identify areas to increase safety and discuss with client and navigation team to explore viable interventions and solutions
- Empower clients to actively participate in decision-making regarding their care
- Offer emotional presence and brief counseling-style conversations when appropriate
- Introduce and support coping strategies for stress, anxiety, or executive dysfunction
- Provide body doubling, check-ins, and routine planning to assist with follow-through
- Assist with iADLs such as organization of mail, budgeting, calendar maintenance, etc.
- Support light homemaker tasks when clients are experiencing functional overwhelm (laundry, dishes, tidying)
- Develop creative organizational tools and adaptive supports (charts, signs, planners, etc.)
- Accompany clients to appointments or activities in the community
- Engage in meaningful conversation and promote socialization through outings or activities
- Document in Electronic Health Record both client updates and emotional presentation

Qualifications and Attributes

- LCSW, LPC, LMFT (or in progress toward licensure) preferred
- Experience supporting individuals with executive dysfunction, trauma history, or mood disorders

- Genuine care for individuals facing mental health or behavioral health challenges
 - Ability to maintain composure and patience across a range of emotional presentations
 - Comfort developing simple adaptive tools to support daily functioning
 - Familiarity with using assistive or organizational technology (reminders, tracking apps, etc.)
 - Flexible, curious, and collaborative in approach
 - Reliable transportation for in-home or community-based work
 - Able to pass background check
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Why Join Us?

This is an opportunity to be part of something new and impactful. At New Phase Navigation, our commitment to creating healthcare solutions is deeply rooted in the belief that community connection is not just a value; it is the very foundation of who we are. We aim to contribute to shaping the future of healthcare support by not only actively engaging our clients with our navigation team, but by connecting with the community at large to harness the wealth of resources our community offers. You'll explore and gain applicable knowledge of healthcare systems, legal processes, and community resources while forming meaningful relationships with other champions of change.

We also offer:

- Flexible schedule tailored to your availability
 - Ability to work from home; we encourage the use of technology for care coordination
 - Free clinical and group supervision for LSW and/or LCSW candidates seeking hours for licensure or CEU credits
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How to Apply:

Send your resume to Zeina Toure at hello@newphasenavigation.com. Be part of our pioneering team, creating a new phase of support in healthcare!